

Parent Power

This course will take place at online you will need access to a tablet, smart phone, laptop or computer.

Need help and advice on managing your child's behaviour?

Join our free 5 week course to put the fun back into parenting!



Each week you will have the opportunity to share experiences.

Get some helpful hints and tips to help reduce those stressful moments and manage those difficult situations.

Improve your confidence and skills.

Suitable for whatever age your child (or children) are.

Monday morning 10am to 12pm

9th 16th 23rd 30th November & 7th December

You can book your place now, by calling (023)92 621860.

Joining instructions will then be given.