

# PSHE Curriculum - Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 3</b>	Unit: Relationships: - Friendships - Collaborative working 	Unit: Health and wellbeing - A balanced lifestyle - Keeping safe 	Unit: Living In The Wider World - Rules and laws - Being part of a community 	Unit: Relationships - Feelings and empathy - Valuing difference - Recognising bullying 	Unit: Living In The wider World - People and customs - Human rights - Role of money and enterprise 	Unit: Health and wellbeing - Describing feelings - Managing risk - Puberty 
<b>Year 4</b>	Unit: Relationships - Family and friendships - Solving conflict - Physical contact 	Unit: Health and wellbeing - Keeping safe including online - Changes and feelings 	Unit: Living In The Wider World - Rules and laws including UNICEF rights of the child - Anti-social behaviour 	Unit: Relationships - Emotions - Identity and discrimination - Managing dares 	Unit: Living In The wider World - Difference and diversity - Managing money - Care for the global environment 	Unit: Health and wellbeing - Making good choices - Drugs - Changes at puberty - Personal strengths 