

PSHE Curriculum - Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2		* C
Year 3	Unit: Relationships:	Unit: Health and wellbeing	Unit: Living In The Wider World	Unit: Relationships	Summer 1 Unit: Living In The wider World	Summer 2 Unit: Health and wellbeing
	- Friendships -Collaborative working	-A balanced lifestyle -Keeping safe	-Rules and laws -Being part of a community	-Feelings and empathy -Valuing difference -Recognising bullying	-People and customs - Human rights - Role of money and enterprise	-Describing feelings -Managing risk -Puberty
	Ingredients to make a good friend	HEATHY LIFESING TO	RULES	Empathy	RIGHTS E	Describe your
Year 4	Unit: Relationships - Family and	Unit: Health and wellbeing	Unit: Living In The Wider World	Unit: Relationships -Emotions	Unit: Living In The wider World	Unit: Health and wellbeing
	friendships - Solving conflict - Physical contact	-Keeping safe including online - Changes and feelings	-Rules and laws including UNICEF rights of the child -Anti-social behaviour	- Identity and discrimination - Managing dares	-Difference and diversity - Managing money - Care for the global environment	-Making good choices -Drugs -Changes at puberty - Personal strengths
	To the state of th	HOW TO STAY SAFE ONLINE	unicef to every child	Emotions •		INSIDE PUBERTY OF

Year 5	Unit: Relationships: Healthy and unhealthy - Compromise and negotiation Privacy	Unit: Health and wellbeing -Personal safety, including sharing images in the media -Dealing with risks and complex	Unit: Living In The Wider World -Law making and changingPeople and customs -Dealing with conflict	Unit: Relationships -Dealing with emotions -Discrimination including bullying and stereotypes -Confidentiality	Unit: Living In The wider World -Identity including ethnic and religious - The role of finances in life. - Media and social media	Unit: Health and wellbeing -Physical and mental health - Making informed choices -Aspirations -Puberty
Year 6	FAMILY REPART OF THE PROPERTY	emotions PRIVATE & PERSONAL INFORMATION Unit: Health and	WHY PEOPLE HAVE LAWS Unit: Living In The	Secrets Unit: Relationships	ASK ME DETAILS! Unit: Living In The	SELF ESTEEM Unit: Health and
redi 0	- Loving, committed relationships - Physical boundaries - Privacy	wellbeing -Personal safety (including physical), independence and responsibilitymanaging risk and peer pressure	-British law (democracy) - Illegal practices, human rights and cultures	-When to break a confidence -Challenging discrimination -Managing dares	wider World -Resource allocation and community -Diversity and identity - Entrepreneurs	wellbeing -Physical and mental health - Effects of media - Aspirations - Puberty/Human reproduction
	SUPPORT RECOGNITION APPRECIATION RESPECT	Go on Do II I want you to Conon	VOTE OUR EUTURE!	Secrets	Identity Rick Rick Reger of all Reger of	Self-eateen APD HEALTH