

16th October 2023

Dear Parents & Carers

NUT-FREE SCHOOL



Due to some of our pupils and staff having life threatening nut allergies we are to be a NUT-FREE SCHOOL with immediate effect.

An allergic reaction (anaphylactic shock) can occur through ingestion of nut products, cross contamination and breathing nut dust in the air. Since this condition can be life threatening, we are asking all members of the school community for their help in minimising the risk by:

- a) Avoiding giving children nuts or nut products in their packed lunches
- b) Avoiding giving nuts or nut products or snacks/bars containing nuts for break time snacks
- c) Avoiding supplying the school with cakes or food items containing nuts for birthday celebrations, sales or events
- d) Avoiding sending containers such as cereal boxes for DT / Art lessons into school which may have contained produce made with nuts.

We do acknowledge that many foods are labelled as 'may have been produced in a factory handling nuts and cannot be guaranteed to be nut free'. Such items will be allowed in school as it would be unreasonable to expect these to be kept out of school.

I realise this is a significant change in school, but it has been introduced due to specific allergies of some so that the school takes all reasonable steps to keep all of its pupils and staff safe.

Staff will be having EpiPen training on our inset day on the 30th October 2023.

We thank you in advance for your co-operation and support regarding this matter.

Yours sincerely

Mr Rob Jones
Headteacher

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