Portsmouth Spring/ **Summer Menu** 

# **WEEK ONE**

30/10/2023

### **RED**

Option one

**GREEN** Option two

## Option three

Dessert

Chickpea and Vegetable Hotpot 🄷

MONDAY

Cheese & Tomato Pizza with Pasta Salad 🍿

> Jacket Potato with Cheese or, Beans

> > Lemon Drizzle

# TUESDAY

### Beef Lasagne with Garlic Bread

Veggie Lasagne with Garlic Bread

Jacket Potato with Cheese, Beans or Tuna

> Fruit Jelly A with Mandarins

# WEDNESDAY

Roast Chicken, Stuffing, Roast Potatoes & Gravy

Vegetable Wellington, Stuffing, Roast Potatoes & Gravy

Jacket Potato with Cheese,or Beans

Chocolate and apple sponge

## THURSDAY

Beef Burger with Toppings and

Potato Wedges

Vegan Burger with Toppings and Potato Wedges

BURGER

lacket Potato with Cheese, Beans or Tuna

**NEW** Jam and Coconut Sponge with custard

## FRIDAY

Fish Fingers with Chips & Tomato Sauce

Cheesy Bean Pasty with Chips & Tomato Sauce

> Jacket Potato with Cheese, or Beans

> > Oaty Cookie



# **WEEK TWO**

#### RED Option one

#### **GREEN** Option two

Option three

Dessert

## Chinese veg curry with

Cheese & Tomato Pizza with Pasta Salad

> Jacket Potato with Cheese or, Beans

**NEW** Carrot Cake

# Rice

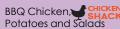
Sausage Roll with Potato Wedges

#### **NEW**

Loaded Jackets

Jacket Potato with Beans, Cheese or Tuna

Apple Crumble with Custard



BBQ Vegan Quorn, Potatoes and Salads

Jacket Potato with Cheese, or Beans

Apple and raisin Flapjack 👉

#### Mild Chicken Korma with Rice

Veggie balls in Tomato Sauce with Rice

Jacket Potato with Cheese, Beans or Tuna

Chocolate Drizzle Cake with Chocolate Sauce

Fish Fingers/Salmon fingers with Chips & Tomato Sauce

> Cheese pinwheel with Chips & Tomato Sauce

Jacket Potato with Cheese, or Beans

Vanilla Shortbread

# WEEK THREE

### **RED**

Option one

### **GREEN**

Option two

Option three

Dessert

### Vegetable Noodles

Cheese & Tomato Pizza with Pasta Salad

Jacket Potato with Cheese or Beans

Iced Sponge

#### Mexican Beef wrap with Rice

Vegetable Fajitas with Rice

Jacket Potato with Beans, Cheese or Tuna

Toffee apple crumble with cream

#### Sausages, Onions and Gravy with Roast Potatoes

Veggie Sausages, Onions and Gravy with Roast Potatoes

Jacket Potato with Cheese, or Beans

**NEW** Chocolate Orange Cookie

#### **NEW**

Carbonara Pasta with S **Toppings** 

Tomato Pasta with Toppings

Jacket Potato with Cheese Beans or Tuna

Peach Upside Down Cake with Custard

Fish Fingers with Chips & Tomato Sauce

> BBQ Quorn Fillet with Chips

Jacket Potato with Cheese, or Beans

**NEW** Melting Moment Biscuit

### MENU KEY



Added Plant Power







Chef's Special

#### Available Daily:

- Fre<mark>shl</mark>y Vegetables of the Day- Bread freshly baked on site daily- Daily salad selection – Fruit



### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

































